



# ARC Health Safety Plan

---

This plan outlines the revised or additional health and safety measures that ARC will implement to mitigate the risk of COVID-19 transmission and other infectious respiratory illness, and ensure that all choristers, families, visitors, ARC volunteers and conductors and have a safe place to sing and work. The health and safety of our members is a priority. Should any member feel unwell, they are advised not to attend rehearsals and are encouraged to self-test for COVID-19 even if they have mild symptoms. We appreciate your co-operation in following these guidelines when attending ARC rehearsals or events. ARC encourages all members to have a COVID vaccine and boosters when eligible.

This plan will be regularly updated and reviewed consistent with government regulations.

## This plan applies to in person choir rehearsals from Term 1 2023 inclusive of:

- ARC Children's and Youth Choir rehearsals held at the Bridge Preston 218 High St Preston.
- ARCappella adult choir rehearsals held at Sacred Heart Primary School Preston, 1 Clifton Grove Preston.

### Arrivals and Departures from Choir Rehearsals

#### **ARC will:**

- Have a hand sanitation station at each building entrance and require everyone to sanitise their hands upon entering.
- ARC will maintain an electronic attendance record for each choir rehearsal.
- ARC will adhere to any venue restrictions on numbers.
- Where possible, ARC will utilise the opportunity for outside choral rehearsals and use well ventilated spaces.
- ARC will use air purifiers during choir rehearsals where available.
- Zoom online access during rehearsals will continue to be offered throughout 2023 for any member unable to attend rehearsals in person due to illness or isolation requirements.
- ARC may recommend the use of masks during rehearsals during high-risk periods.
- In the event of a COVID outbreak within choir, ARC may temporarily suspend in person rehearsals to minimise the risk of further infection spread.

#### **ARC Choir members and visitors:**

- It is recommended that all singers receive a COVID vaccination prior to participating in person and maintain up to date vaccination boosters as they are eligible.
- Please arrive promptly to your scheduled arrival time and sanitise hands on entry.
- For ARC Children's & Youth Choir, where possible, we ask that only one adult takes part in drop off/collection of children.
- Please ensure that you / your child is in good health before attending rehearsal. If you/ your child is unwell, please do not attend until you are better.



# ARC Health Safety Plan

---

- All adults and children over 8 years of age may be requested to wear a fitted face mask indoors during rehearsals during high risk periods. At any time, members can optionally choose to wear a face mask during rehearsals.

## Hygiene and Additional Measures

### ARC have arranged:

- At each of our rehearsal venues, we have worked to secure large, well-ventilated spaces and ensure we adhere to room capacity based on current guidelines.
- ARC will provide Air Purifiers in place at each rehearsal venue when singing indoors.
- As per current government recommendations for choirs –that choir seating will be spaced apart where space allows.

### ARC Choir members are requested:

- To cough into their elbow or a tissue and place used tissues straight into the bin then wash their hands or use the hand sanitation station in the rehearsal room.
- Please ensure that you/ your child brings their own named water bottle/keep cup to rehearsal. Bring your choir folder and a pencil.

## Communication

### Communication from ARC:

- ARC requests that members/parents notify that they have become unwell with COVID-19 after attending rehearsal.
- Should an ARC conductor fall ill, they will not return to work until they have been cleared by a doctor/returned a negative COVID test.
- ARC will advise if any in sny person-rehearsals will be suspended, or re-scheduled in the event of a increased COVID cases.
- ARC will email details of Zoom online access to rehearsals for members unable to attend in person due to illness.

### Communication to ARC from Choir members and families:

- Should you /your child become unwell after attending and ARC rehearsal venue, please contact the ARC Choir Manager as soon as possible on [manager@arcappella.org.au](mailto:manager@arcappella.org.au) or 0434 356 688.